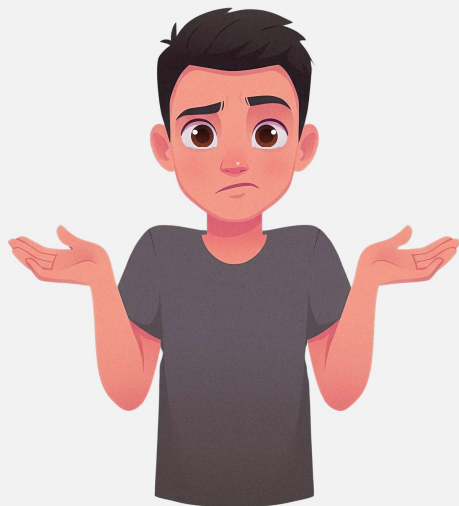


Recognizing When I'm Uncomfortable

Sometimes things happen that make me feel uncomfortable.



There can be a lot of things that make me feel uncomfortable.



Uncomfortable can mean my body feels weird or bad.



Uncomfortable can mean I feel sad, scared, or angry.



Uncomfortable can mean I have a hard time thinking.



I should practice telling people when I feel uncomfortable.



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