

RESIDENTIAL TREATMENT FACILITY: What to Expect

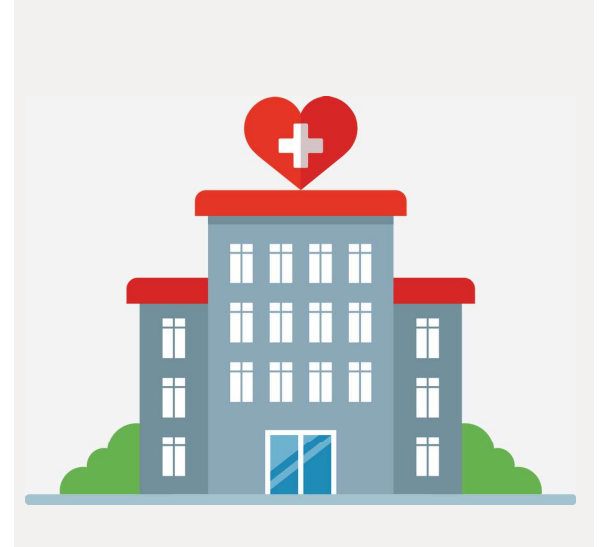
If I am having a hard time with my feelings and behavior, I may need help.



Sometimes I can't get that help at school or at home.



I may have to get help at a residential treatment facility (RTF).



The staff are trained to help me feel better.



I will sleep, eat, and go to school at the residential treatment facility.



There will be other people who need help at the residential treatment facility.



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At the residential treatment facility, I may or may not get to take some of my favorite things in with me.



Once I get to the residential treatment facility, one of the staff will ask me lots of questions in order to get to know me.



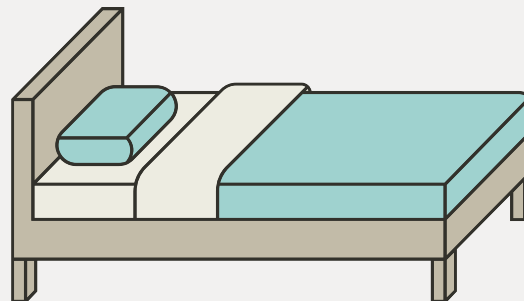
I may have to talk with a doctor who will make sure I get my medicines.



The food at the residential treatment facility may taste different to me.



The bed at the residential treatment facility may feel different from my bed at home.



There may be new rules I have to follow, so I can earn rewards and get to do more fun things.



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I may have to give them information about me.



It is okay to talk about things that upset me.



I may have therapy with other people and therapy by myself.



Once I meet my goals and no longer need any help, I can leave the residential treatment facility.

