

USING TRANSPORTATION SERVICES

Mass Transit: Riding the Train

Many adults with ASD prefer to use public transportation instead of using their own car or relying on other people to give them a ride to the places they need or want to go. For this reason, it is important to become familiar with mass transit options and the social rules to follow when using public transportation.

Some trains have **QUIET CARS WHERE YOU CANNOT TALK , INCLUDING ON YOUR CELLPHONE.**



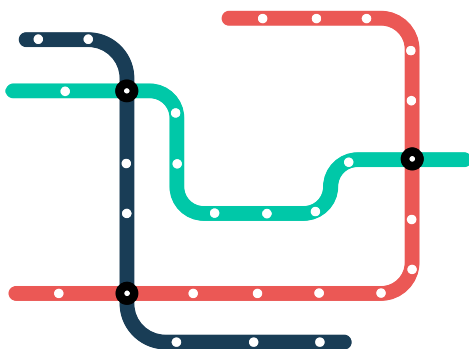
USE WEBSITES TO PLAN YOUR TRIP and estimate the cost, length of trip, and any transfers.



HAVE YOUR TICKET OR TRAIN PASS READY TO SHOW WHEN YOU BOARD AND WHEN SEATED.



If there is a bathroom on the train and you need to use it, **MAKE SURE YOU LOCK THE DOOR ONCE INSIDE.**



KNOW THE STOPS ON YOUR ROUTE and when you need to get off.



IF YOU GET CONFUSED, ASK THE CONDUCTOR FOR HELP.

