

How To Prepare for a Colonoscopy

There are things I need to do to prepare before having a colonoscopy.



My doctor may tell me to stop taking some of my normal medicine a few days before the exam.



I may need to follow a special diet the day before my exam.



I may not be allowed to eat solid food, only drink clear liquids, and not eat after midnight.



My doctor may have me take medicine the day before my colonoscopy.



These medicines will help clean out my intestines so the doctor can see better during the exam.

