

# Inpatient Psychiatric Hospitalization

After being in the emergency room, I may need to stay in the hospital or go to a different hospital to get more help.



This is called an inpatient psychiatric hospitalization.



I may go to therapy sessions a few times a day to talk about my thoughts and feelings.



Doctors may prescribe medication to help me feel better.



The hospital will have rules I need to follow. I may not be able to keep my phone or laptop with me.



After a few days or weeks, when I am feeling better, I will be able to leave the hospital.

