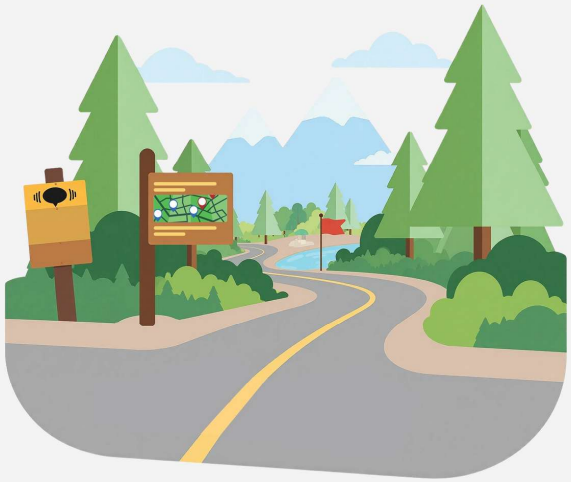
VISITING NATIONAL PARKS

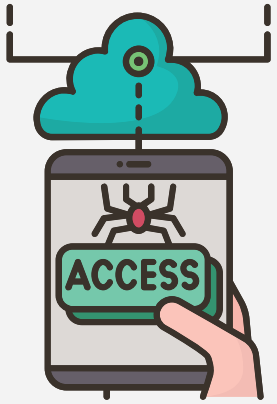
There are 423 National Parks in the United States.



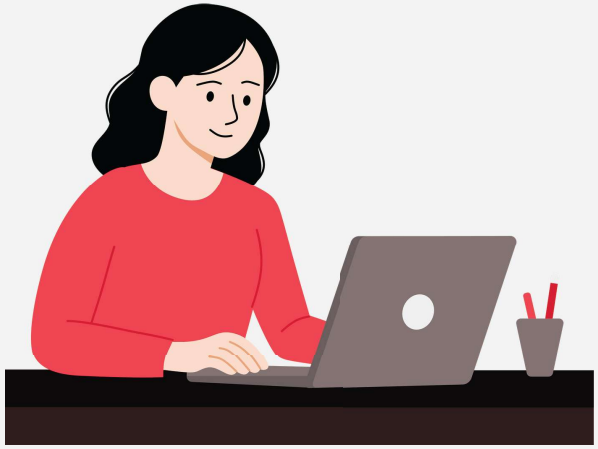
Someday I may visit a National Park.



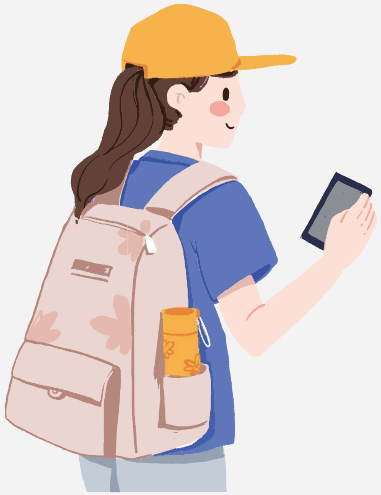
I can use an Access Pass to get into some National Parks for free. The Access Pass is for individuals with disabilities. I can find information about the Access Pass on the internet.



I can prepare my visit by looking at the park's website.



This can help me know what to expect at the park and decide what to see.



The park's website can also help me prepare for my visit by reminding me to bring things I need.



VISITING NATIONAL PARKS

Most parks have a Safety Station or a Park Ranger Station where I can go if I need help.



National Park Rangers help keep me safe by answering questions. They tell me the rules of the park. If I get lost, a National Park Ranger can help me.



If I want, I can share my autism diagnosis with the Ranger. I can tell them about any sensitivities or how to help me if I feel overwhelmed.



At the park, there are rules to follow. There may be places in the park I am not allowed to go for safety reasons. There will be signs to keep me safe.



There may also be things I cannot touch. This is for my safety. There will be signs about what I cannot touch.



With some preparation and planning, a trip to a National Park can be fun!



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