

### Did you know...

- ASD is a "no fault" brain disorder
- Current estimate: 1 in 59 people are affected
- There is a broad range of functioning and abilities
- Cognitive difficulties occur in ASD, even in verbal adults without co-occurring intellectual disability.

### How does this affect me?

- Challenges in school
- Difficulty getting and/or keeping a job
- Difficulty communicating with people

### What Can Be Done to Help?

We are raising awareness in order to identify individuals who may benefit from resources and innovative treatment approaches that help with cognition.

### What are common cognitive challenges in ASD?

- Slower processing of information
- Challenges in focusing on relevant information outside one's areas of interest
- Reduced working memory capacity
- Difficulty with problem solving, particularly in social situations
- Difficulty figuring out the main point in conversations, books and films



*This resource was created by The University of Pittsburgh's Center for Autism Excellence for ASERT.*