

Attending an Overnight Summer Camp

Summer camp is a place where I can go to have fun and stay busy during the summer.



There are many different types of summer camps with different activities.



I will be going to an overnight camp. This means that I will sleep at the camp.



I might sleep in a cabin or in a tent.



There will be a camp counselor who can help me if I need it.



I will probably have other campers share my room with me.



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I might pack things like pajamas, clothes, a water bottle, and sunscreen.



I may want to bring comfort or sensory items like a blanket or stuffed animal. I should check the camp rules to make sure it is allowed.



Someone will drop me off when camp starts and pick me up when it ends.



It is normal to feel nervous or homesick at camp. If I need help or a break at camp, I can talk to a camp counselor.



If I miss my family while I am at camp, I can ask my camp counselor if I might be able to call them.



I will follow the camp rules, join the activities, and do my best.

