Are you a young adult with autism who enjoys art?

VOLUNTEERS ARE NEEDED FOR A RESEARCH STUDY



ABOUT THIS STUDY

This study is looking at how a psychoeducational art therapy group can help improve self-reported coping skills for managing characteristics related to autism.

WHO CAN VOLUNTEER?

- Individuals with a diagnosis of Autism Spectrum Disorder
- Between ages 18-35
- Not currently in high school
- Speak English as their primary language
- Able to self-report

WHAT WILL VOLUNTEERS DO?

- Participants will be randomized into one of three groups for the length of the study. They will either be placed in an assessment-only group, a psychoeducation-only group, or a full art therapy intervention group.

- Complete surveys before, during, and upon completion of the group as well as 1- and 3 months post group.

TO PARTICIPATE IN THIS STUDY:

Scan the QR Code:

Participation is voluntary.

Compensation is provided.

This research has been approved by the Institutional Review Board, under federal regulations at Penn State Health Milton S. Hershey Medical Center, Penn State College of Medicine.

IRB Study: STUDY00027382 - Pull by: 12/30/2026

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FOR MORE INFORMATION

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