

# SIGNS OF AUTISM: A Guide for Child Welfare Professionals



## REPETITIVE BEHAVIORS

- Flapping, flicking, spinning, rocking
- Focuses on one topic/detail that is unrelated to the conversation
- Scripting or repeating sounds
  - *e.g. repeat lines of a television show or movie*



## INDIVIDUAL HISTORY

- Reported history of other developmental delays/diagnoses
- History/current substance use/abuse
  - *Due to social desirability, self-medicating*
- Other concerns about individual's development
- Does not display age-appropriate knowledge of sex and sexual boundaries



## MENTAL PROCESSES

- Displays poor impulse control
  - *e.g. constantly touching an object despite being told/given consequences*
- Processing delay/Unable to follow a chain of commands
  - *e.g. put your coat on the chair, sit down, and put your phone on the table*



## SOCIAL COMMUNICATION


- Flat vocal affect
  - *e.g. voice stays at one tone with little to no inflection*
- Unusual facial grimaces
- Avoidance of eye contact or blank stare throughout conversation
- Individual has no friends or is socially isolated
- May appear stubborn, defiant, or non-compliant with requests
- Atypical or stiff body language flat facial expressions.
- Overly literal interpretation of questions
- Increased aggravation/anxiety during interview
- Overly agreeable
- Appears to have a lack of sympathy or empathy





## SENSORY BEHAVIORS


- May be sensitive to touch
  - *especially if unexpected*
- Overwhelmed by sensory environment
  - *e.g. covers ears, eyes, nose*


## KEY SIGNS


 Lack of Eye Contact

 Flapping, Flicking, Spinning

 Sensitive to Touch

 May Appear Stubbron/Resistant

 Scripting Words, Phrases, Noises

 Processing Delays