Acquaintances, or casual relationships, are people that you see often but you don’t know very well.

People usually have lots of acquaintances in their lives and can include people like neighbors, co-workers, teachers or your friends’ parents.

These are people you may talk to often, but usually not about private or personal topics.

You might talk about the weather, a work or school project you’re working on or general things happening in your life. This is called “small talk.”

There is usually no physical contact between acquaintances, unless it’s a formal handshake.

Sometimes an acquaintance can become a friend if you get to know them and choose to spend more time together.

The Autism Services, Education, Resources and Training (ASERT) Collaborative is a statewide initiative funded by the Bureau of Autism Services, PA Department of Human Services.

This campaign promotes the idea of body autonomy for individuals with disabilities. ASERT has partnered with researchers at the National Crime Victims Research and Treatment Center at the Medical University of South Carolina to develop resources for the Be Safe campaign.