

Going out in the community can be fun!



But you need to follow the rules to be safe.



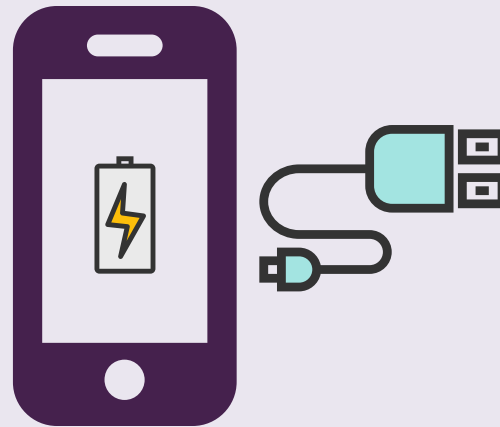
Tell a parent or trusted adult where you are going and when you'll be back.



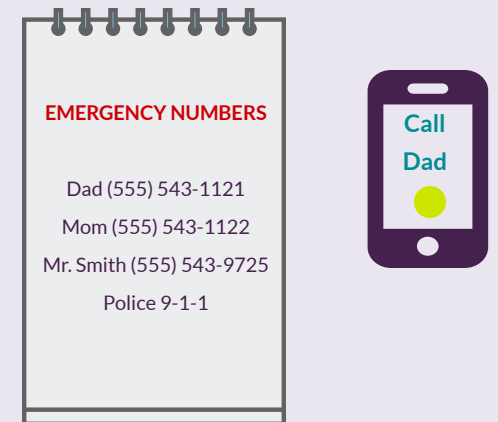
Be sure to make a safety plan with who to call and where to go.



If you have a cell phone, make sure it's on and charged.



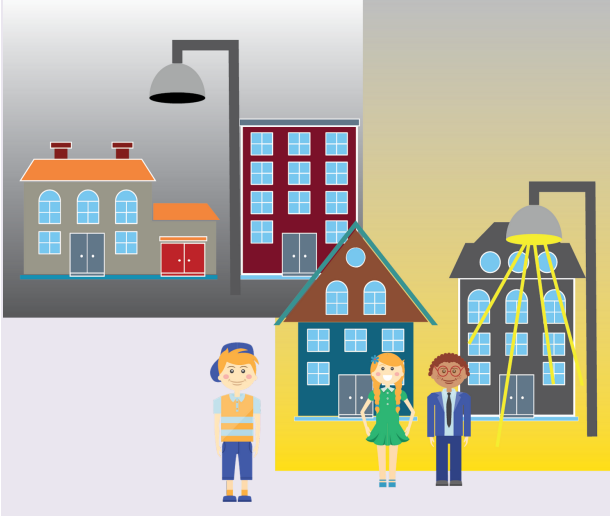
If you don't have a cell phone, make sure you have phone numbers for trusted adults and know how to call for help.



This campaign promotes the idea of body autonomy for individuals with disabilities. ASERT has partnered with researchers at the National Crime Victims Research and Treatment Center at the Medical University of South Carolina to develop resources for the Be Safe campaign.

The Autism Services, Education, Resources and Training (ASERT) Collaborative is a statewide initiative funded by the Office of Developmental Programs, PA Department of Human Services.

Know the area you are visiting and stay away from dangerous areas.



Don't share personal information with strangers.



Know where you're going and how to get there safely.



If something bad happens, know who you can ask for help from, like a police officer, bus driver, or store clerk.



If you don't feel safe, leave the area and check your safety plan for a safe place to go.



Have fun, be safe, and enjoy yourself.



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