

WHO SHOULD HELP ME IN THE BATHROOM?

Sometimes, I may need help in the bathroom.



I may need help bathing, dressing, or taking care of my body.



A trusted adult should help me in the bathroom only if I say it's okay, or I ask them for help.



If someone tries to help me in the bathroom and I don't like it, I should ask them to stop.



If I don't feel comfortable with the person helping me, I can ask someone else to help me.



I am in charge of my body.



This campaign promotes the idea of body autonomy for individuals with disabilities. ASERT has partnered with researchers at the National Crime Victims Research and Treatment Center at the Medical University of South Carolina to develop resources for the Be Safe campaign.

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