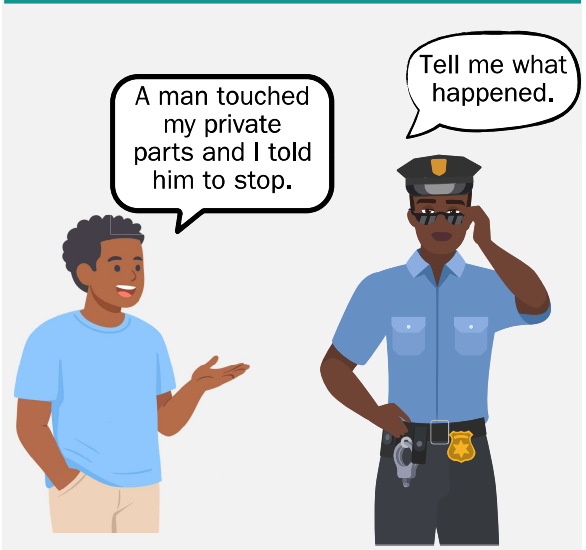
Part 3: Telling About Sexual Abuse (Adult)

If someone has hurt me, I should tell a friend or an adult I trust.

If that person does not help me, I should try telling someone else.

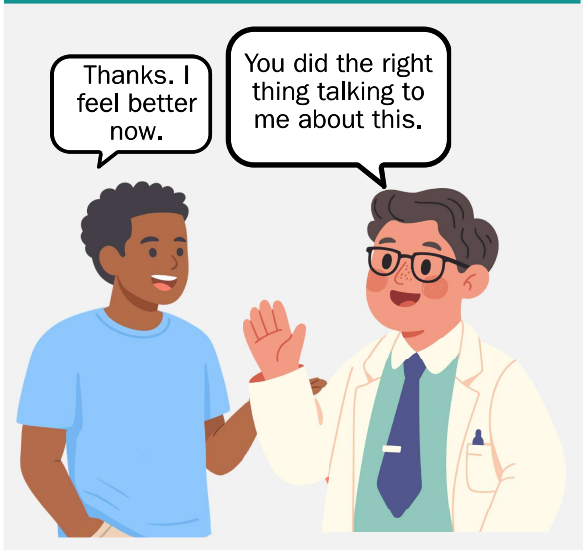
I can even call 911 or the police if I am hurt.

People will ask me to talk about what happened so they can help keep me safe.



Sometimes I will go to a doctor to make sure my body is still safe and healthy.

Sometimes I will talk to people about my feelings so they can help me feel better.



Be Safe
Ask. Listen. Respect.

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