

#ASDNext

How Do I Know if I'm Ready for College?

When deciding if you are ready for college, there are several questions you should ask yourself to help you decide. If you answer "yes" to most of these questions, you may be ready. If you answer "no" to most, you may need to take some time to decide if college is right for you, or if you need more time to get ready.

Are you interested and excited to start looking at and applying to colleges?

Did you enjoy high school and learning new information, even if it was not always interesting to you?

Did you do well academically in high school?

Do you know what type of job you will want to get after college?

Did you enjoy the hustle and bustle of a busy high school day?

Do you know what you would like to study in college?

Do you have a good support system at home if you need it?

Are you good at making friends?

Do you know how to self-advocate and ask for help if you need it?

Do you know where to find supports at college if you need them?

Are you good with time management?

Do you feel like you can handle stress in healthy ways?

Did you enjoy the social side of high school?

Can you stay organized and on track with your school work?

Do you understand the costs of college, such as tuition, room and board, books, and food?

Do you feel like you are independent and can handle life as a college student, such as living in a dorm, doing laundry, eating healthy, and staying active?



This information sheet was developed by ASERT for #ASDNext.

For more information, please contact ASERT at 877-231-4244 or info@asdnext.org

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