

Going to the Doctor Pt. 1

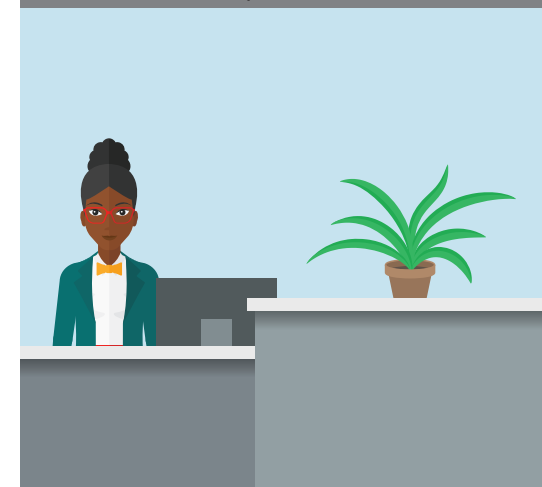
Sometimes, I might have to go to the doctor.



The doctor is going to check my body to make sure I am healthy and strong.



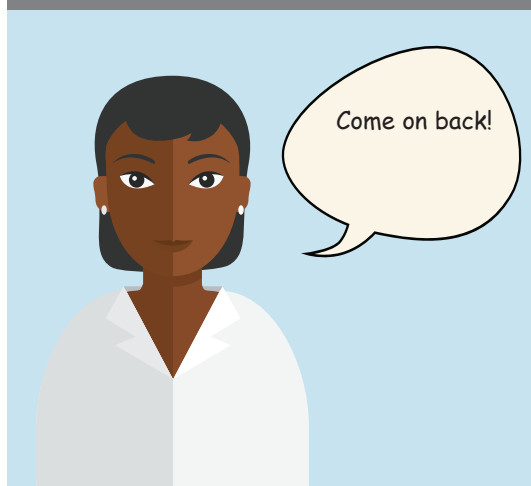
When we get to the front desk at the doctor's office, we will tell them my name.



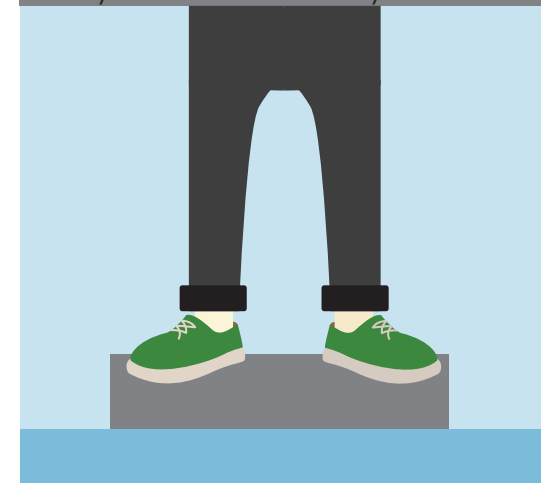
Next, we will sit in the waiting room, where I can read a book or play with toys while I wait for my turn.



When it is my turn, the nurse will call my name and I will go into the exam room.

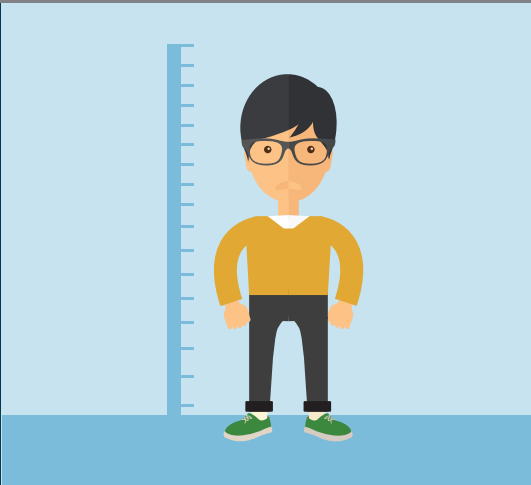


The nurse will ask me to stand on a scale to measure my weight. She may ask me to take my shoes off.



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The nurse might ask me to stand straight by a wall to check how tall I am.



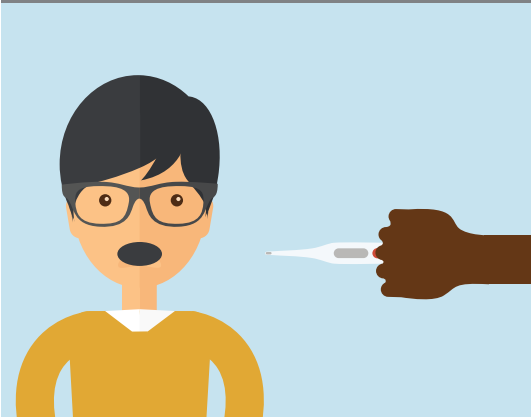
The nurse might put a soft bracelet around my arm to check if I am healthy.



Next, the nurse will squeeze a rubber ball in her hand to pump the air into the bracelet. I may feel some tightness around my arm. It will not be for long and it might feel tight.



The nurse might also take my temperature. She might use a thermometer that goes underneath my tongue or another device.



The nurse might also check my pulse. She will take my wrist gently, then look at her watch and we will count 10 seconds together.



Next, the nurse will leave and we will wait for the doctor to come in.



Going to the Doctor Pt. 3

When the doctor comes in, they might ask me to sit on an exam table. It is okay to sit on this table. Being up high helps the doctor to see me better.



The doctor will ask how I am feeling. I can tell him if anything is wrong.



The doctor might use a small light to look at my ears, mouth, or nose to make sure I am healthy.



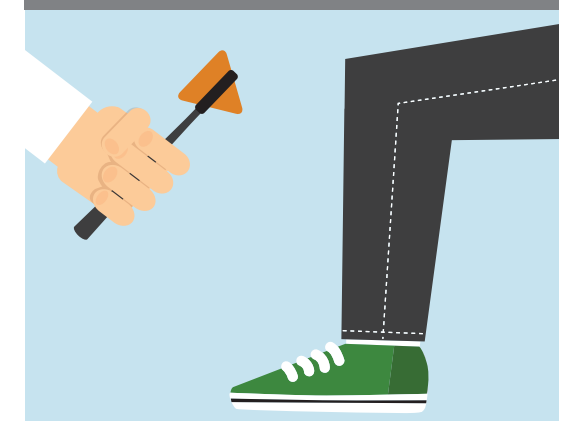
The doctor will use a tool to listen to my heart.



The doctor will use the tool to listen to my lungs and ask me to take a few deep breaths.



The doctor might also tap on my knees and feet to make sure they are working okay. This might make my leg jump and feel a little funny but it will not hurt.

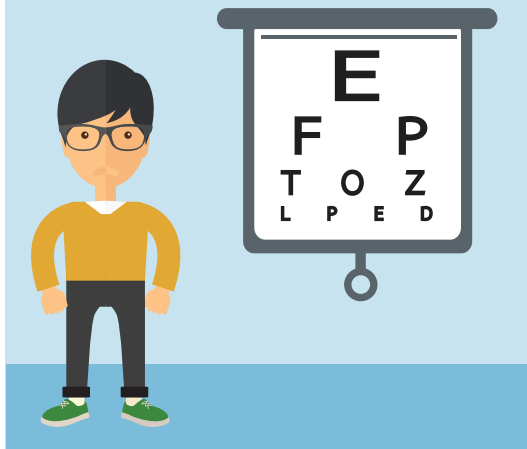


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If anything is bothering me, like my stomach, the doctor might check that too.



On some visits, the doctor or nurse might check my eye sight by having me look at charts or pictures



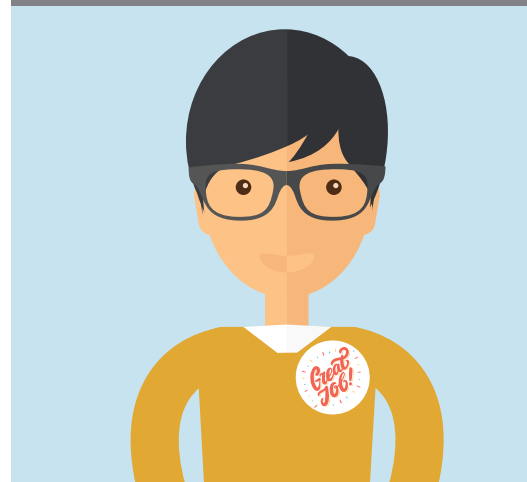
On some visits, the doctor or nurse might check hearing by looking in my ears. I may also need to wear headphones to listen to sounds to check my hearing.



Sometimes, the nurse might give me a shot to keep me healthy. It might pinch but it will be over quickly.



When we are all finished, the nurse or doctor might give me a sticker for being a good patient.



Then I will check out at the desk. Say goodbye and see you next time!

