

Cognition in Autism Spectrum Disorder

Information for Professionals

Research has shown that verbal adults with autism spectrum disorder and without co-occurring intellectual disability have difficulties with cognition.



Have you considered if your verbal ASD client:

- Processes information slowly?
- Struggles with understanding the main point when reading and conversing?
- Has difficulty attending to relevant information?
- Exhibits challenges with cognitive flexibility (e.g., difficulty shifting attention; being open to new ideas)?
- Has difficulty with working memory and problem solving?
- Seems to have trouble getting motivated?
- Struggles in school, or has difficulty getting or keeping a job?

What can be done to help?

We are raising awareness among practitioners in order to identify individuals who may benefit from resources and innovative treatment approaches that help with cognition.



Pitt Center for Excellence
in Autism Research

This resource was created by The University of Pittsburgh's Center for Autism Excellence for ASERT



Pennsylvania's leading source
of autism-related resources
and information.
877-231-4244

The Autism Services, Education,
Resources and Training
Collaborative (ASERT) is a
statewide initiative funded by the
Bureau of Autism Services, PA
Department of Human Services.