USING TRANSPORTATION SERVICES

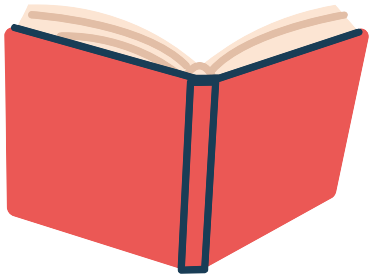
General Mass Transit

Many adults with ASD prefer to use public transportation instead of using their own car or relying on other people to give them a ride to the places they need or want to go. For this reason, it is important to become familiar with mass transit options and the social rules to follow when using public transportation.

STAY TO THE RIGHT and allow people to pass on the left.

Make sure you **USE HEADPHONES** for anything with sound.

DO NOT STARE at people. Instead, look out the window, read, play a game on your phone, etc.



AVOID TOUCHING OTHER PEOPLE or crowding their space whenever possible.

If available, sit in **AN EMPTY ROW** in the seat closest to the window.

It is expected that you **GIVE UP YOUR SEAT TO OLDER ADULTS, INDIVIDUALS WITH PHYSICAL DISABILITIES, OR PREGNANT WOMEN.**

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