Behavioral Health Rehabilitation Services (BHRS) Transitions to Intensive Behavioral Health Services (IBHS)

What is the purpose of this resource?
This resource will provide families with information on the transition of BHRS to IBHS.

What is IBHS?
IBHS is replacing BHRS formerly known as wraparound services. IBHS went into effect on October 19, 2019, and the transition year ends on January 17, 2021. IBHS is replacing BHRS formerly known as wraparound services. IBHS went into effect on October 19, 2019, and the transition year ends on January 17, 2021. Services under BHRS have changed since they began in 1994, and the recent regulations for IBHS is an effort to create guidelines for how these services should be delivered. In addition, these changes create guidelines for how these services should be delivered.

IBHS provides supports for children, youth or young adults under the age of 21 with mental, emotional or behavioral health needs. To qualify to receive IBHS the child, youth or young adults must have a behavioral health disorder diagnosis. Services can be provided in the home, school or other community setting.

What types of services are offered under IBHS?

- **Individual services** - which provides services to one child.
- Applied Behavior Analysis (ABA) - which is a specific behavioral approach to services.
- **Group services** - which are most often provided to multiple children at a specific place.
- **Evidence-based therapy (EBT)** - behavioral health therapies that use scientifically established methods. These can be delivered through individual services, ABA services, and group services.
Can my child continue to receive BHRS?

- If your child has a current authorization for BHRS, your child may continue to receive services. BHRS can be provided until January 17, 2021.
- Prior to your child’s authorization for BHRS expiring, someone will discuss with you transitioning the services your child receives to IBHS.
- Your child is likely to transition from BHRS to IBHS sometime in 2020.

What are the steps for my child to receive IBHS?

1. Obtain a written order from an individual with a qualifying license.
   - An individual with a qualifying license can be:
     - Physician
     - Physician’s Assistant
     - Family doctor
     - Psychologist
     - Psychiatrist
     - Licensed clinical social worker
     - Licensed professional counselor
     - Licensed marriage and family therapist

2. Give the written order to an IBHS provider to begin providing services to your child. The provider may need to get approval before providing a service.

3. IBHS will then begin with the assessment of your child’s strengths and challenges, the strengths and needs of your family, existing and needed supports for your child and what you need to help your child.

4. The written order and assessment will be used to develop your child’s Individual Treatment Plan (ITP). Your child’s ITP includes the goals of your child’s services and the people who are responsible for helping to implement each ITP goal.

Where can I find more information and resources on IBHS?

- Visit:  [http://www.healthchoices.pa.gov/providers/about/behavioral/inbehavioralhs/index.htm](http://www.healthchoices.pa.gov/providers/about/behavioral/inbehavioralhs/index.htm)
- Visit ASERT’s IBHS resource collection at: paaautism.org/IBHS