

Intensive Behavioral Health Services – What is Applied Behavior Analysis?

What is the purpose of this resource?

The resource will provide families with information on IBHS and an explanation of Applied Behavior Analysis (ABA) Services.



What is IBHS?

IBHS provides supports for children, youth or young adults under the age of 21 with mental, emotional or behavioral health needs. To qualify to receive IBHS the child, youth or young adults must have a behavioral health disorder diagnosis. Services can be provided in the home, school or other community setting.

What are ABA Services?

- Involve the review of a child's, youth's or young adult's behavior within his or her environment.
- Explore why a behavior occurs and then uses specific interventions based on why a behavior occurs.
- Seek to increase useful or desired behaviors.
- ABA Services includes: Behavior Analytic services, Behavior Consultation-ABA services, Assistant Behavior Consultation-ABA services and Behavior Health Technician-ABA services.

What are ABA Services? (Continued)

1. **Behavior Analytic (BA) Services or Behavior Consultation-ABA (BC-ABA) Services:** BA services and BC-ABA services include assessment of a child's, youth's or young adult's needs and development of an Individual Transition Plan (ITP) that includes the interventions that will be used to meet the identified needs. BA and BC-ABA services also include overseeing the other services provided to a child, youth or young adult and consultation with the child's, youth's or young adult's treatment team. BA services and BC-ABA services can be used to address behaviors in the school, home, or any other place where a child, youth or young adult needs ABA services to succeed.

2. **Assistant Behavior Consultation-ABA (Asst. BC-ABA) Services:** Individuals who provide Asst. BC-ABA services assist staff who provide BA services or BC-ABA service. Asst BC-ABA services may also be used to provide direct ABA interventions as part of implementing a child's, youth's or young adult's ITP. The difference between BA and BC-ABA services are that BA services can complete functional analysis and that they each require their staff to have different credentials.

3. **Behavioral Health Technician-ABA (BHT-ABA) Services:** BHT-ABA services are used to implement a child's, youth's or young adult's ITP that includes ABA interventions.

Where can I find more information and resources on IBHS?

- Visit: <http://www.healthchoices.pa.gov/providers/about/behavioral/inbehavioralhs/index.htm>
- Visit ASERT's IBHS resource collection at: paautism.org/IBHS

