What are private parts?
Parts of the body covered by bathing suits

Things to remember about your body
Private parts are private!
Your body belongs to YOU
NO means NO
If you are scared, TELL SOMEONE – they can help

Things to remember about other people’s bodies
Ask PERMISSION to touch, even if it’s okay touch
You DON’T have to touch another person if you don’t want to
DON’T touch another person’s private parts

RULES FOR MY BODY
It’s NOT okay for others to look at my private parts
It’s NOT okay for other people to show me their private parts
It’s NOT okay for other people to make me touch their private parts
It IS okay to touch my own private parts as long as I am alone
It’s NOT okay for other people to say sexual things to me that I do not like

LIST 3 TRUSTED ADULTS who you could tell if someone broke a rule for your body:
(1)
(2)
(3)

www.paaautism.org/BeSafe

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