UNDERSTANDING TOUCH

INDIVIDUAL: SCHOOL AGE

PRIVATE PARTS
Parts of the body covered by bathing suits

- penis
- buttocks (behind)
- breasts
- vagina

RULES FOR YOUR BODY
NO TOUCHING private parts.

- Say NO or STOP if someone is touching you and you don’t want them to.
- If you’re scared, TELL A TRUSTED PERSON (parent or teacher).
- You are IN CHARGE of your body and are allowed to say NO.

RULES FOR OTHER PEOPLE’S BODIES
DON’T TOUCH other peoples’ private parts

- ASK before going into other peoples’ personal space (within arm’s reach)

WHEN IS IT OKAY FOR AN ADULT TO TOUCH MY PRIVATE PARTS?

- To CLEAN you in the bath or shower or help in the bathroom
- At the DOCTOR’S office with mom or dad there

OKAY TOUCHES
- HIGH FIVES with a friend
- GOODNIGHT KISS or HUG from mom or dad

NOT OKAY TOUCHES
- HITTING or PULLING hair
- TOUCHING another person’s private parts
- Someone RUBBING YOUR BODY without you saying it’s okay
- KISSING without you saying it’s okay

www.paautism.org/BeSafe

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