If you feel sick you should call your doctor to see if you should get tested for COVID-19.

They may talk with you on a regular phone call or a video call like FaceTime or Skype. This is called telehealth.

If you do not have a doctor, call 877-PA-HEALTH.

If the doctor thinks you should get tested for COVID-19, they will tell you to go to a place near your house.

Your doctor will ask you about how you are feeling over the phone.

This could be a hospital, doctor’s office, or drive-thru testing location.
Not everyone will get tested for COVID-19. It will depend on how you are feeling, if you have traveled, or if you have been around someone who has COVID-19.

You will be given directions about what to do when you get to a testing location.

You have to call when you get there and find out how they want you to get tested.

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You may need to wait in your car until it’s your turn.

You may be tested while sitting in your car.

Testing places may be busy, it could take a long time.
The nurse or doctor will take your temperature.

The nurse or doctor will probably wear a mask, goggles, gloves, and a protective suit. This is to keep everyone safe.

The nurse or doctor will ask you questions about how you are feeling.

If you do not have a fever, they may not test you.

They will take long cotton swab and put it up your nose for 15 seconds and move it around a few times.

This may hurt or feel uncomfortable. You may feel like you have to cough or sneeze and that’s okay.
It is important to stay still and let them do their job.

You can sing a song in your head for 15 seconds to pass the time (like singing “Happy Birthday” two times).

It may take up to a week to get your test results back. This time may be different based on where you get tested.

You should continue to practice social/physical distancing and stay home to keep others from getting sick.

If you get a positive COVID-19 test, you will have to stay home and rest while you get better.

If you get a negative COVID-19 test, you should still stay home and practice social/physical distancing to keep everyone safe.