Wearing a Mask

Because of coronavirus, I need to wear a mask when I go places.

People in my family, neighborhood, and community are wearing masks.

My mask keeps me safe.

Your mask keeps me safe.

I need to wear a mask even if I feel healthy.

It is important to wear a mask every time I leave the house.

WEARING A MASK

ASERT
 PAautism.org

Pennsylvania’s leading source of autism-related resources and information
877-231-4244

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There are many types of masks. I can wear a mask from a store or I can make my own mask. I can make my mask fun by decorating it. These aren't the same as doctor's masks. These masks keep me and my community safe. I should always wash my hands before putting on my mask. My mask will cover my nose, mouth and chin. It may feel snug.
At first my mask might not feel comfortable.

The more I practice wearing my mask, the easier it will be to wear.

When I return home and take off my mask I should wash my hands.

If my mask is made out of cloth, I should wash it right away.

I can wear a new mask the next time I go out.

Wearing a mask keeps everyone safe.