

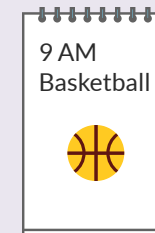
Schedules help keep me on task.



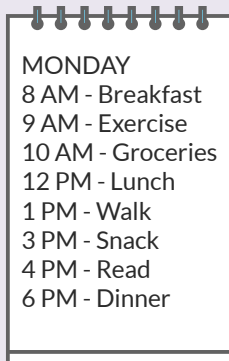
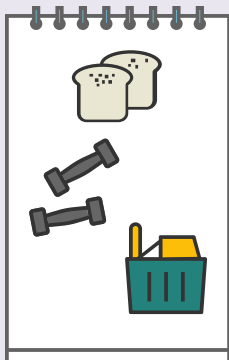
I can use a schedule to plan out my day.



I can use a schedule to know what activity comes next in my routine.



A schedule can be made with pictures, lists, or a calendar.



I should look at my schedule often to remember activities I have to do and activities I want to do.



My schedule can help me prepare if my plans have to change.

