

# CAREGIVERS CONNECT

## A Monthly Online Support Group for Family Caregivers of Neurodiverse Adults

### FACILITATOR



**Dr. Beth Rosenwasser, PhD, LPC, BCBA-D**, is a behavior therapist and

educator with over 25 years of experience supporting children, teens, adults, and families. She works with neurodiverse adults and their families, helping them navigate and access services. As a consultant at Advocare Fairmount Pediatrics and Adolescent Medicine, she brings a warm, practical, and non-judgmental approach, offering concrete strategies, shared understanding, and supportive space for families navigating daily challenges.

Join Dr. Rosenwasser and JFCS for Caregivers Connect, a monthly support group for parents and siblings of neurodiverse adults (17+) including those with autism, developmental disabilities, and significant mental health challenges. This is a welcoming space to share challenges, solutions, and resources, discuss disappointments, celebrate successes, and end with a 10-minute guided meditation leaving group members in a peaceful, positive place.

**WHEN:** Thursday, April 30, 7:30-8:30pm  
Thursday, May 28, 7:30-8:30pm

**WHERE:** Online group accessed by clicking this link: [jfcsphilly.link/Caregivers](https://jfcsphilly.link/Caregivers) at the date and time of each session.

**COST:** Free

**RSVP:** NO NEED TO REGISTER. At the date and time of each support group, just click on the link. The room will open 5 minutes before each group.

For more information, contact Beth Rosenwasser at [Beth.Rosenwasser@gmail.com](mailto:Beth.Rosenwasser@gmail.com).



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