

# Are you a young adult with Autism who enjoys art?

## VOLUNTEERS ARE NEEDED FOR A RESEARCH STUDY

### ABOUT THIS STUDY

This study is looking at how a psychoeducational art therapy group can help improve self-reported coping skills for managing symptoms related to Autism.

### WHO CAN VOLUNTEER?

- Individuals with a diagnosis of autism spectrum disorder
- Individuals aged 18-25
- Individuals not currently in high school
- Individuals who speak English as their primary language
- Individuals able to self-report



### WHAT WILL VOLUNTEERS DO?

- Participants will be randomized into one of three groups for the length of the study. They will either be placed in an assessment only group, a psychoeducation only group, or a full art therapy intervention group.
- Complete surveys before, during, and upon completion of the group as well as 1- and 3-months post group.

### TO PARTICIPATE IN THIS STUDY:

Scan the QR code:



**Participation is voluntary. No compensation is provided.**

### FOR MORE INFORMATION

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This research has been approved by the Institutional Review Board, under federal regulations at Penn State Health Milton S. Hershey Medical Center, Penn State College of Medicine

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