

# Are you a young adult with autism who enjoys art?



## VOLUNTEERS ARE NEEDED FOR A RESEARCH STUDY



### ABOUT THIS STUDY

This study is looking at how a psychoeducational art therapy group can help improve self-reported coping skills for managing characteristics related to autism.

### WHO CAN VOLUNTEER?

- Individuals with a diagnosis of Autism Spectrum Disorder
- Between ages 18-35
- Not currently in high school
- Speak English as their primary language
- Able to self-report

### WHAT WILL VOLUNTEERS DO?

- Participants will be randomized into one of three groups for the length of the study. They will either be placed in an assessment-only group, a psychoeducation-only group, or a full art therapy intervention group.
- Complete surveys before, during, and upon completion of the group as well as 1- and 3 months post group.

### FOR MORE INFORMATION

Stacey Hanley [shanley@pennstatehealth.psu.edu](mailto:shanley@pennstatehealth.psu.edu)

#### STUDY DIRECTOR:

Andrea Layton, MA, BCBA

Department of Psychiatry and Behavioral Health,  
Division of Autism Services

### TO PARTICIPATE IN THIS STUDY:

Scan the QR Code:



**Participation is voluntary.**

**Compensation is provided.**

*This research has been approved by the Institutional Review Board, under federal regulations at Penn State Health Milton S. Hershey Medical Center, Penn State College of Medicine.*

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